## **Visiting Nursing Association** Teaching Guide for Patients With Coronary Artery Disease

## What is a coronary artery disease?

Coronary artery disease refers to a problem that occurs with the arteries that surround the heart muscle. This includes angina (chest pain), myocardial infarction – MI (heart attack) or other ischemic disease.

## EARLY SIGNALS OF A HEART ATTACK

ANGINA

HEART ATTACK